

# CollarNcuffs Printable BDSM Checklist

This is a printable version of the BDSM Checklist. It has been formatted to print correctly to legal sized (just smaller than A4) or larger paper. Go to [File|Print Preview](#) to see how it will look when printed.

## Key

<b>No Answer</b>	Either you choose not to answer for whatever reason, or it's not applicable - such as breast bondage for males. To represent this, just put a cross through the box.
<b>Curious</b>	You've not tried it and so have no idea how you'd feel, but you are curious.
<b>Essential</b>	This is something that's so essential to you that you can't see yourself enjoying a relationship without it.
<b>Love</b>	You <i>love</i> doing whatever it is.
<b>Like</b>	You <i>like</i> doing whatever it is.
<b>Don't Mind</b>	You don't mind either way, but will do it for someone else.
<b>Dislike</b>	You <i>dislike</i> doing it but will do so if it means a lot to someone else.
<b>Hate</b>	You <i>hate</i> doing it but will do so if it means a lot to someone else.
<b>Soft Limit</b>	While it is not something you are capable of at the moment, you can see how that might one day change.
<b>Hard Limit</b>	There is no way you can ever see this being something you could do without damaging who you are.

## Done To Self / Receiving

How you feel about having the act done to you or with you as the primary participant, perhaps at someone else's command. Alternatively, read this as how you feel about being on the receiving end of the act.

For example, Done To Self for "Fisting - Anal" means that it is your anus that the fist enters. For Cunnilingus, it would be you being licked (receiving).

## Done To Others / Giving

How you feel about your play partner having the act done to them, perhaps at your command. Alternatively, read this as how you feel about doing this act to someone else.

To take the same example, Done To Others for "Fisting - Anal" means that it is your play partner's anus that the fist enters, be it your fist or someone else's. For Cunnilingus, it would be you doing the licking (giving).

## Tried

Have you tried the activity (either done to yourself or done it to someone else)?

## Rating

How do you feel about the activity (either doing it to yourself or to others) Many of these pages contain documentation of dangerous or life-threatening activities of questionable legality -- CollarNcuffs accepts no responsibility or liability for the actions of others. Please view with respect and intelligence, or don't view at all. This page should be included in all duplicate versions.

Activity	To Self (Receiving)					To Others (Giving)				
	Done		Rate			Done		Rate		
Anal Play	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating (General)	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Canes	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Crops	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Floggers	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Hairbrushes	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Hard	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Paddles	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Soft	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Spanking	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Straps	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating - Whips	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating Location - Back	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating Location - Bottom	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		
Beating Location - Chest	Yes No	Essential 1 2 3 1 2 3	Curious 4 5 4 5			Yes No	Essential 1 2 3 1 2 3	Curious 4 5 4 5		

		Soft Limit	Hard Limit		Soft Limit	Hard Limit
<b>Beating Location - Feet</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
<b>Beating Location - Genitals</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
<b>Beating Location - Legs</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
<b>Bestiality</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
<b>Biting</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
<b>Blindfolds</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Branding</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Piercing, Permanent</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Piercing, Play</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Saline Injection</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Scarification</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Body Modification - Tattooing</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Bondage (General)</b>	No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
<b>Bondage - Breast</b>	Yes	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	

Bondage - Cuffs	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Genital	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Heavy	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Intricate	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Light	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Locks	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Prolonged	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Sleeves, Arm	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Sleeves, Leg	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Spreader Bars	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Bondage - Stocks	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
Bondage - Straight Jackets	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	
Bondage - Suspension	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	
Bondage - Suspension, Inverted	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	
Bondage - Whole Body	Yes	Essential	Curious		Yes	Essential	Curious	

	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Bondage Material - Chain</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Bondage Material - Leather</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Bondage Material - Rope</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Bondage Material - Saran Wrap</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Bondage Material - Scarves</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Bondage Material - Tape</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Breath Play</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Catheters</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Clothespins</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Clothing - Chosen For</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Clothing - Corsets</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Clothing - Full Head Hoods</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Clothing - Harnesses</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Clothing - High Heels</b>	Yes	Essential 1 Soft Limit	Curious 2 3				Yes	Essential 1 Soft Limit	Curious 2 3			
<b>Clothing - Lingerie</b>	No	1 Soft Limit	2 3	3 4	4 5		No	1 Soft Limit	2 3	3 4	4 5	
<b>Clothing - Masks</b>	Yes	Essential	Curious				Yes	Essential	Curious			

	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
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Activity	To Self (Receiving)						To Others (Giving)					
	Done		Rate				Done		Rate			
Clothing - Uniforms (General)	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing - Uniforms, Military	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing - Uniforms, School	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing Material - Leather	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing Material - PVC	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing Material - Rubber	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Clothing Material - Sheer	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Collars - Private	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Collars - Public	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Crawling	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Cutting	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Dilation - Anal	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Dilation - Vaginal	Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit		Yes No		Essential 1 2 3 4 5 Soft Limit	Curious 1 2 3 4 5 Hard Limit			
Discipline	Yes No		Essential 1 2 3 4 5	Curious		Yes No		Essential 1 2 3 4 5	Curious			

		Soft Limit	Hard Limit		Soft Limit	Hard Limit
Drinking - Blood	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Drinking - Semen	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Drinking - Urine	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Electricity	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Enemas	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Examination - Physical	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
Exhibitionism - Forced	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Exhibitionism - Voluntary	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Face Slapping	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Fisting - Anal	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Fisting - Vaginal	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Food - Chosen For	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Food - From Body	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Food - From Bowl	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	

Food - From Hand	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Gags (General)	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Gags - Ball	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Gags - Bit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Gags - Ring	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Gags - Tape	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Given Away (General)	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Given Away - Auctions	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Given Away - Permanent	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Hand Jobs	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Heterosexuality - Forced	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
Heterosexuality - Voluntary	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
Homosexuality - Forced	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	
Homosexuality - Voluntary	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	
Humiliation - Private	Yes	Essential	Curious		Yes	Essential	Curious	

	No	1 Soft Limit	2 1 Soft Limit	3 2 Soft Limit	4 3 Soft Limit	5 4 Hard Limit	No	1 Soft Limit	2 1 Soft Limit	3 2 Soft Limit	4 3 Hard Limit	5 4 Hard Limit	
Humiliation - Public	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Humiliation - Verbal	No						No						
Including Others	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Kneeling	No						No						
Leashes	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Lecturing	No						No						
Licking	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Massage	No						No						
Masturbation - Forced	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Masturbation - Voluntary	No						No						
Nipple Clamps	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Nipple Play	No						No						
Nipple Weights	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Nudity - Forced	No						No						
Nudity - Voluntary	Yes	Essential 1 2 3 4 5	Curious Soft Limit				Yes	Essential 1 2 3 4 5	Curious Soft Limit				
Orgasm - On Command	Yes	Essential	Curious				Yes	Essential	Curious				

	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Orgasm Control	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	

Activity	To Self (Receiving)						To Others (Giving)					
	Don e	Rate					Don e	Rate				
Orgasm Denial	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Pain (General)	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Pain - Heavy	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Pain - Light	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Phone Sex	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Rape - Fantasy	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Rape - Fantasy, Gang	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Recorded Scenes - Photographs, Private	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Recorded Scenes - Photographs, Shared	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Recorded Scenes - Video, Private	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Recorded Scenes - Video, Shared	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Roleplay (General)	Yes	Essential	Curious				Yes	Essential	Curious			
	No	1	2	3	4	5	No	1	2	3	4	5
		Soft Limit			Hard Limit			Soft Limit			Hard Limit	
Roleplay - Age	Yes	Essential	Curious				Yes	Essential	Curious			

	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Soft Limit	No	Essential 1 2 3 Soft Limit	Curious 4 5 Soft Limit	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Soft Limit	No	Essential 1 2 3 Soft Limit	Curious 4 5 Soft Limit
Roleplay - Education	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Interrogation	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Kidnapping	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Medical	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Pig	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Pony	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Prison	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4

Activity	To Self (Receiving)				To Others (Giving)							
	Done	Rate			Done	Rate						
Roleplay - Puppy	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit					
Roleplay - Religious	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Roleplay - Whore	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Sensation Play (General)	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Sensation Play - Deprivation	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Sensation Play - Fire	No	1 Soft Limit	2 1	3 2	4 3	5 4	No	1 Soft Limit	2 1	3 2	4 3	5 4
Sensation Play - Hair Pulling	No	1 1	2 2	3 3	4 4	5 5	No	1 1	2 2	3 3	4 4	5 5

		Soft Limit	Hard Limit		Soft Limit	Hard Limit
<b>Sensation Play - Hot Wax</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Ice</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Needle</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Scratching</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Suction</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Teasing</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sensation Play - Tickling</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving (General)</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Art</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Ashtray</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Chauffer</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Dancer</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Following Orders</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
<b>Serving - Forced</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit		Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	

<b>Serving - Furniture</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Housework</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Maid</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Serving - Sexually</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Anal</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Cunnilingus</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Denial</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Fellatio</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Group</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Penetration, Double</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Penetration, Triple</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Rimming</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Threesome</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Vaginal</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex - Vanilla</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit
<b>Sex Toys - Beads</b>	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit	Yes No	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit

Sex Toys - Butt Plugs	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Sex Toys - Dildos	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit
Sex Toys - Love Eggs	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit

Activity	To Self (Receiving)				To Others (Giving)			
	Done	Rate			Done	Rate		
Sex Toys - Public (Under Clothes)	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Sex Toys - Strap On	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Sex Toys - Vibrators	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Shaving - Body	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Shaving - Genital	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Shaving - Genital, Styling	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Shaving - Head	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Showers - Brown	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Showers - Golden	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Speculums - Anal	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Speculums - Vaginal	Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit		Yes No	Essential 1 2 3 4 5 Soft Limit	Curious Hard Limit	
Swapping (Partner)	Yes	Essential	Curious		Yes	Essential	Curious	

	No	1 Soft Limit	2 1 Soft Limit	3 2 1 Soft Limit	4 3 4 Soft Limit	5 5 5 Hard Limit	No	1 Soft Limit	2 1 Soft Limit	3 2 1 Soft Limit	4 3 4 Soft Limit	5 5 5 Hard Limit
<b>Voyeurism</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - Boot</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - Bottom</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - Breast</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - Foot</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - Genital</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Worship - High Heel</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			
<b>Wrestling</b>	Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit				Yes	Essential 1 2 3 Soft Limit	Curious 4 5 Hard Limit			